

Host Family Information

The directors of Bray Language Centre would like to thank you for being host to our student. We hope that his / her stay will be a happy one. The following guidelines and information are intended to be of help to you during your student's stay.

1. It is very important that you get off to a good start, so try to talk to your student as much as possible from the beginning.
2. Please read the enclosed set of rules carefully. If there is anything you do not understand please contact us for clarification.
3. At the arrival you will receive a copy of the students' programme. In the meantime, this outline of the programme will give you an idea of how things work.
 - Class takes place each day from 09:00 to 12:30.
 - Your student will need to take a substantial packed lunch to school each day.
 - Each afternoon he / she will engage in sports and recreation activities or go on cultural visits until 17:00 approx.
 - There is an excursion each Saturday. In general, the students meet at 09:00 and arrive back at 17:30 approx.
 - Most evening activities commence at 19:30 and end at 21:30. On these evenings students must be home by 22:00. On all other evenings they must be home by 21:30. **Please let us know if your student fails to keep these rules.**
 - There is a half-day excursion each Sunday. Students will usually have a sleep-on until about 10:00, followed by breakfast. They will meet their group leaders at the DART station at 13:00

If there is any doubt about any of the rules, or if you have any concerns regarding the behaviour / welfare of your student please do not hesitate to contact us on the following numbers :

Office : 01 2869610
Emergencies: 0872469850 [Kieran Farrell]
0988748793[Mandy Farrell]

Please treat your student as you would like your own child to be treated were he/she on a similar programme abroad.

5. The following guidelines are based on Government requirements for host families. It is very important that these basic standards are adhered to.
 - Students must be provided with a comfortable, heated room containing a bed, table and chair. It must be adequately ventilated and lit.
 - Bed linen should be changed at least once a week.
 - The following meals ought to be provided; breakfast, packed lunch, dinner and supper. For advice on food and menus etc. see below.
 - The need for a degree of privacy must be catered for.
 - There must be adequate access to bathroom and laundry facilities.

6. It will be of help to note the following suggestions in respect of food etc.

MEALS

BREAKFAST : *fruit juice, cereal, toast, tea/coffee*

LUNCH : *2/3 sandwiches, fruit, a drink, yoghurt*

DINNER : *meat, vegetables, potatoes, pasta, salads etc.*

SUPPER : *tea/coffee, toast and jam, biscuits.*

It is recommended that generally speaking the students should be served whatever the family is having at any given meal. If problems arise regarding likes / dislikes they should be dealt with sensibly. Ultimately the most important thing is that students are served food which they will eat.

MEAL TIMES

Since Europeans, generally speaking, eat dinner later than is the custom in Ireland, it is suggested that supper be served when your student comes in after evening activities.

In respect of all matters relating to your student, we advise that you treat him/her like any other member of the family. The rules which govern sensible and reasonable behaviour should apply on all sides.